

General Practice Management Plan

DEMENTIA – STAGE 3

GOAL OF CARE – Maintain Dignity Through Emphasis on Comfort

Patient's Name:	Date of Birth:
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Contact Details:	Medicare or Private Health Insurance Details:
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Details of Patient's Usual GP:	Details of Patient's Next of Kin/Guardian:
	ACD/Substitute decision maker..... POA in place YES <input type="checkbox"/> NO <input type="checkbox"/> Name of POA

Date of last care Plan/GP management Plan: (If done)

Date of last Family Meeting:

Date of next Family Meeting:

Goals of Care:

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Other notes or comments relevant to the patient's management plan

Cognition Issues Identified	Main Issues
Functional Issues Identified	Main Issues
Psychiatric Issues Identified	Main Issues
Behavioural Issues Identified	Main Issues
Physical Issues Identified	Main Issues

PAST MEDICAL HISTORY:

MEDICATIONS:

Rationalise unnecessary medications - continue others. Review with Stop/Start tool.

ALLERGIES:

FAMILY/SOCIAL HISTORY:

DOMAIN	PATIENT PROBLEM	TREATMENT/SERVICES/PATIENT & FAMILY ACTION	ARRANGEMENTS FOR TREATMENTS/SERVICES
Cognition	Cognition significantly impaired	Likely to lack capacity. Care as per Enduring Guardian/Advance Care Directive	RACF staff or home care community providers if home care provided General Practitioner Geriatrician Family meeting
Function	Impaired instrumental functions Impaired functions of daily living	Dependence for maintenance of functions of daily living	RACF/home care staff General Practitioner My Aged Care/Care provider Physio OT Dietician
Psychiatric	Depression Anxiety Hallucinations Delusions	Heightened awareness for symptoms of psychiatric conditions Screening for mental health issues in carers Family education	General Practitioner Psychogeriatrician Dementia Support Australia www.dementia.com.au Family meeting
Behaviour	Sleep disturbance Agitation Calling out Wandering Hoarding Aggression Disinhibition Apathy Hallucinations Shadowing	Carer education and increased support Consider comprehensive behaviour assessment e.g., CAUSED model. Non-pharmacological interventions based on comprehensive assessment Pharmacological treatment where non-pharmacological measures have failed or patient/carers/family at risk of harm Family education	RACF/Home care staff General Practitioner Geriatrician Psychogeriatrician Palliative services Nightingale Nurses with Dementia Australia if available Family counselling and support – Dementia Australia www.dementia.org.au Family meeting Dementia Support Australia www.dementia.com.au 24 HOUR HELPLINE 1800 699 799
Physical	Continence Falls Swallowing Pain Comfort/Warmth Thirst Constipation Urinary retention	Cease all medications other than those for comfort Nutritional assessment Continence assessment Falls assessment Pain assessment Family education Hospital avoidance plan. Palliative care plan	RACF/home care staff General Practitioner Pharmacist Physiotherapist/OT Family meeting

Copy of GP Management Plan offered to patient?

YES

NO

Copy/relevant parts of the GP Management Plan supplied to other providers?

YES

NO

GP Management Plan added to patient's records?

YES

NO

Referral to Dementia Australia?

YES

NO

Date service was completed:	Proposed Review Date:
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I have explained the steps and any costs involved, and the patient has agreed to proceed with the plan.

GPs Signature:

Date:

Dementia Training Australia is supported by funding from the Australian Government under the Dementia and Aged Care Services Fund