





## **Sleep Disturbances Symposium**

Fri 16 July 2021 - 10am to 12:30pm

Hosted by Dementia Centre for Research Collaboration and Dementia Training Australia

People living with dementia often experience sleep disturbances, and it can have a negative impact on their quality of life.

This symposium will bring together people with lived experience, clinicians and researchers to share their perspective on this importance topic, including the latest research and clinical guidelines.

An expert panel discussion with audience Q&A will then take place to discuss where we need to focus research, clinical practice and policy development moving forward. Practical strategies that carers can use to help people living with dementia will also be discussed.

For more information on the Program go to – <a href="https://dementiaresearch.org.au/events/">https://dementiaresearch.org.au/events/</a>

## **EVENT DETAILS**

**Cost:** No cost to attend

**Date:** Friday 16 July 2021

**Time:** 10:00am - 12:30pm

(AEST)

Venue: Online via Zoom

Click the following link to register:

https://tinyurl.com/kfvayxjp

For more information on DCRC visit <a href="https://www.dementiaresearch.org.au">www.dementiaresearch.org.au</a> or DTA visit <a href="https://www.DTA.com.au">www.DTA.com.au</a>