

# Curriculum and Course Mapping Tool

Course Title

- TIER 1** Introductory
- TIER 2** Foundational
- TIER 3** Enhanced Practice
- TIER 4** Advanced Practice/Expertise

## DOMAINS

## THEMES

### 1 Dementia Awareness and Understanding



- Types of dementia
- Prevalence and incidence
- Recognising signs and symptoms
- Impact of neurological changes
- Accessing diagnosis, support and services
- Reducing stigma and supporting inclusion
- Young-onset and childhood dementia
- Dementia risk reduction

### 2 Dementia Diagnosis and Support



- Early signs and Identification
- Assessment
- Diagnosis of dementia in different age groups
- Advance care planning
- Immediate post diagnostic support
- Ongoing support and connection to services

### 3 Human Rights, Ethics and Supporting Autonomy



- Capacity, informed consent and supported decision-making
- Disability, equality and non-discrimination
- Right to risk and right to take that risk
- Right and dignity of choice
- Privacy and confidentiality
- Legal and policy frameworks
- Abuse and neglect
- Equal access to treatment and services
- Restrictive practices

### 4 Person-Centred Care



- Dementia paradigms
- Models of care
- Individuality and identity
- Human needs
- Implementing culture change
- Life history and personhood
- Relationship-focused and person-directed care
- Impact of malignant social psychology and stigma

## DOMAINS

### 5 Working in Partnership with Families and Carers



## THEMES

- Carers and families as care partners in decision-making
- Drawing on carer and families' knowledge and relationship to support personhood
- Working with carers to assess needs and supports
- Access to support and information for families and carers
- Conflict of interest between needs and choices
- Diversity, culture and beliefs in the caring role
- Supporting young carers and family members

### 6 Independence and Enablement



- Supporting choice, autonomy and supported decision-making
- Supporting independence and function
- Multidisciplinary approach to holistic care
- Access to rehabilitation services
- Enablement and reablement approaches
- Driving

### 7 Communication and Connection



- Cognitive impact on communication
- Emotional intelligence
- Communication skills and techniques
- Enabling communication
- Culture and language
- Loneliness and isolation
- Connectedness

### 8 Emotional Wellbeing and Mental Health



- Expression of spirituality
- Meaning and finding purpose
- Personal growth
- Sense of emotional security
- Experiencing joy
- Mental health comorbidities
- Engagement and socialisation

### 9 Physical Wellbeing



- Delirium
- Polypharmacy
- Pain, sensory impairment and other comorbidities
- Mobility and physical activity
- Nutrition and hydration
- Continence
- Sleep

## DOMAINS

## THEMES

### 10 Enabling Environments



- Knowledge and application of relevant design principles and guidelines
- Assessing the environment
- Implementing environmental change
- Assistive technology
- Access to outdoors and the natural world
- Developing meaningful engaging spaces
- Supporting community access and connection

### 11 Behaviour



- Behaviour as communication
- Causes of illbeing and distress leading to changed behaviour
- Positive practice to meet needs including psycho-social-spiritual engagement
- Access to information and support
- Use and limitations of pharmacological interventions
- Language and labelling
- Psychological symptoms

### 12 Diversity



- Respecting diversity
- Cultural competence
- Sexuality, gender and body diversity
- Regional, rural and remote challenges
- Perceptions and beliefs within different cultures

### 13 Aboriginal and Torres Strait Islander people



- Cultural understanding and application to practice
- Prevalence and incidence
- Assessment and diagnosis
- Access to culturally safe and appropriate services
- Community awareness and understanding
- Mob-based care

### 14 End of Life



- Reduce pain, distress and suffering as much as possible
- Physical care needs
- Respecting choices in end-of-life conversations and decisions
- Psychological, cultural and spiritual needs
- Maintain clinical and ethical standards
- Bereavement and grief support
- Palliative care