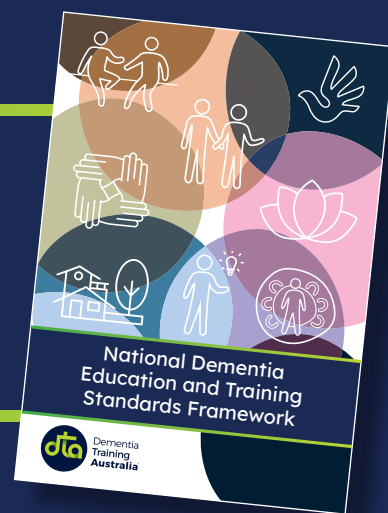


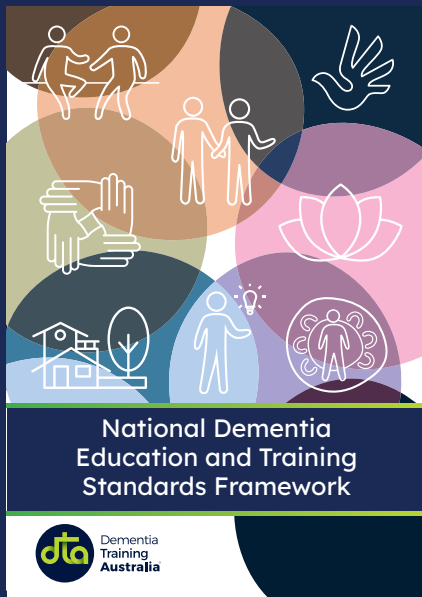
National Dementia Education and Training Standards Framework



User Guide: Individuals



**Using the framework to identify
your training needs**



It is recommended that you read the National Dementia Education and Training Standards Framework (NDETSF) prior to using this guide.

Download the Framework here:

dta.com.au/ndetsf

Introduction to the Framework

Consistent training to support people living with dementia

The National Dementia Education and Training Standards Framework (NDETSF) has been developed to support a more consistent and comprehensive approach to knowledge and skill development for supporting people living with dementia and their families and carers.

Recommended standards

The framework sets out the recommended standards for knowledge and skills across a core range of dementia learning domains and learning tiers.

Relevant knowledge and skills

The framework has been designed to be relevant to anyone supporting or caring for a person living with dementia and their family and carers, regardless of role, profession or setting. It helps to identify the areas of knowledge and skills that you may need in your role.

Listening to the needs of people living with dementia

The NDETSF has been created using the expressed values and goals of people living with dementia. Their expectations about standards of how they are supported and cared for, and desired outcomes for a more informed, skilled, compassionate, person-centred approach to care and support has provided the foundations for the framework and the priority areas given to increased skills and knowledge outcomes in each domain.

Introduction to the User Guide

This guide has been developed to assist you to access the National Dementia Education and Training Standards Framework (NDETSF) to:

- 1** Identify your current levels of knowledge and skills in dementia.
- 2** Use the NDETSF to identify areas for dementia practice development with which to plan your future training.

How to use the Framework

Understanding where you are right now and where you can improve

The framework can help you to identify your current dementia knowledge and skills, as well as choose relevant dementia training. The framework covers a wide range of dementia-related topics and identifies over 500 standards.

Developing a training plan

By identifying your dementia knowledge and skills standards you can develop a training plan that is informed and comprehensive. This supports training that is at the right level and is delivering the outcomes that match the knowledge and skills standards you are looking to achieve.

Does your knowledge match your skills?

In undertaking a self-assessment you may find that you have confidence in your knowledge at a tier in a certain domain but not the skills at that level, or vice versa. Recognising this can assist in choosing training that may be more knowledge or skills-based depending on your needs.

How to Conduct a Self-assessment

- 1 Consider the **tier level** that you feel you are at and start your self-assessment at that tier, in the **domains** you are interested in.
- 2 If you find you are not confident you have the **knowledge** and/or **skills** at that tier for that domain then consider moving to the standards in the tier below.
- 3 If you find you are confident you meet the **standards** in the tier you are reviewing, consider moving up to the next tier within that domain and assess yourself against the **higher-level standards**.
- 4 Work your way through each **domain** identifying the **tier** you feel you are confident you meet the **skills** and **knowledge standards** in.

A self-assessment will give you a baseline across all 14 domains of where your knowledge and skill levels are sitting. You may find that you have a greater knowledge and skill level in some domains compared to others.

Using this baseline, you can then identify in which domain areas you would like to seek out training to lift your knowledge and skills at the most appropriate tier.

Examples of how self-assessment may look in a domain:

Domain	Tier 1 Knowledge	Attained	Tier 1 Skills	Attained
7. Communication and Connection	Understand the factors that enable or act as barriers to effective and compassionate communication with people living with dementia.	✓	Demonstrate appropriate verbal and nonverbal communication skills when interacting with a person living with dementia.	✓
	Understand the importance of positive body language and how this contributes to communication.	✓	Identify and enable inclusive environments, supports or aids to foster communication and connection.	✗
	Be aware of the impact of culture and language on communication.	✓	Acknowledge and accept diversity and support inclusive communication practices.	✓

In this assessment you can be confident you have tier 1 communication and connection knowledge with just one area you may seek further skills training in. As most standards have been attained at tier 1 you can move to tier 2 in the same domain:

Domain	Tier 2 Knowledge	Attained	Tier 2 Skills	Attained
7. Communication and Connection	Understand the factors that enable or act as barriers to effective and compassionate communication with people living with dementia.	✓	Practice self-awareness and active listening in the use of verbal and nonverbal communication.	✓
	Understand that self-awareness and active listening will aid in validation of a person who is living with dementia.	✗	Demonstrate effective use of nonverbal communication techniques including appropriate use of touch	✗
	Understand the importance of nonverbal communication and the appropriate use of touch.	✓	Be able to connect with a person at a social and emotional level, moving beyond task-focused interactions.	✓
	Know how the physical environment impacts communication.	✗	Adapt the environment to support communication.	✗
	Understand the influence of culture and beliefs on communication style and relationship development.	✗	Adapt communication style and techniques to reflect a person's history, culture or beliefs including formal or informal ways to address a person living with dementia.	✗
	Understand loneliness and how companionship can support a person's need for meaningful social contact and relationships.	✓	Establish a relationship with people living with dementia through connection and person-centred practices.	✗

In the examples you are confident at a tier 1 level of knowledge and skills in communication and connection, with just one area identified that you may wish to seek further training in at tier 1. You have identified standards at a tier 2 level that you could look for training to attain to support you. Prioritising training at tier 2 in communication and connection will support you to continue your dementia practice development.

Next Steps

The results of a self-assessment can help you to use the **Dementia Training Australia Learning Pathways tool** to identify training delivered by DTA and help choose the most appropriate training for you.



Learning
Pathways

The Learning Pathways tool can be found at:
learningpathways.dta.com.au



dta.com.au | 1300 229 092

dta.com.au/ndetsf

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