



THE
lovell
FOUNDATION

*A voice for
younger onset
dementia.*



Bethanie
You're among friends

Prescription for Life:

An interactive educational resource

An Edith Cowan University
School of Nursing & Midwifery initiative



Introducing the Team



**Dr Caroline
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**Alycia
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Research Assistant



**Chris
McCafferty**
Audio Visuals

The Project

- Financial assistance provided by The Lovell Foundation
- Collaboration with Mercy Health (VIC) & Bethanie (WA)



Gary and Mandy Lovell



Content

- Offers a wellness approach to caring for someone living with Younger Onset Dementia
- Introduction and instructions
- In-built pre and post surveys for research purposes in first edition only
- Informative up to date text
- A collection of interactive resources; quizzes, videos and audios
- All content based on international best practice recommendations

Prescription for Life!

Supporting those **LIVING** with Younger
Onset Dementia



A voice for
younger onset
dementia.

What is

Seven

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Growth

Joy

Where

References



How to find Prescription for Life



Google:

Prescription for Life, ECU, YOD

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- Overview
- > About
- > Courses
- > Nursing and midwifery clinical placements
- > Executive Dean's List and prizes
- Scholarships
- News and events
- > Our research**
- Safety and Quality in Healthcare
- Improving Outcomes for Adults with Chronic Health Conditions
- Childbearing, Children and Young People

[Home](#) > [Schools](#) > [Nursing and Midwifery](#) > [Our research](#)

Prescription for Life: Supporting Those Living with Younger Onset Dementia

Prescription for Life: Supporting those living with Younger Onset Dementia (YOD), is a partnership project between The Lovell Foundation, Edith Cowan University, Mercy Age and Community Care Ltd and The Bethanie Group. The goal of this resource is to enable you to enhance the wellbeing for those living with Younger Onset Dementia and their families and support the philosophy of 'living' well with dementia.

This interactive educational resource has been developed for paid/unpaid carers of people living with YOD. The resource has been made possible thanks to the generosity of The Lovell Foundation and The Trevor Mast Research Scholarship.

Prescription for Life, developed in 2016 and updated in 2020, is an interactive talking book that focuses on a well-being approach, with links to videos, audio and practical tips to help carers develop strategies to provide meaningful care. It seeks to give readers a basic understanding of the types of dementia, an understanding of the wellness approach when caring for someone living with YOD, and how to identify person-centred strategies to improve care.

On completion of this resource you will have a deeper understanding of how to support someone who is living with dementia, diagnosed under the age of 65, who lives at home or in the community, or attending community-based support services, or living in a residential supported environment.



Woman embracing man from behind

See Also

- [Mercy Aged and Community Care Ltd](#)
- [The Bethanie Group](#)

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Prescription For Life is freely available for download by health care workers and the general public [here](#)

Related articles

Vafeas, C., Jacob, E., & Jacob, A. (2018). A younger onset dementia toolkit: Innovative practice. *Dementia*, 19(4). <https://doi.org/10.1177/1471301217738402>

Vafeas, C., & Jacob, E. (2017). Prescription for life. *Australian Nursing & Midwifery Journal*. 24(7), 41



Woman embracing man from behind

See Also

[Mercy Aged and Community Care Ltd](#)



[The Bethanie Group](#)



[Prescription for Life - Resource](#)



The Result

- Interactive Talking eFlipbook
- <https://content.ecu.edu.au/yod/mobile/index.html>

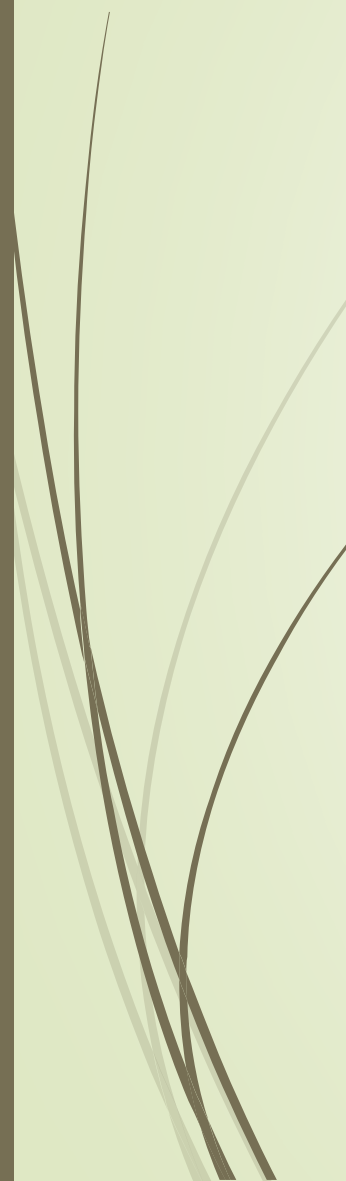
Prescription for Life!
Supporting those **LIVING** with Younger
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A demonstration of: The YOD Talking eFlipBook

- <https://ecu.box.com/s/aj7svd94ixjr2xhntfv4sobqbpepzwq3>

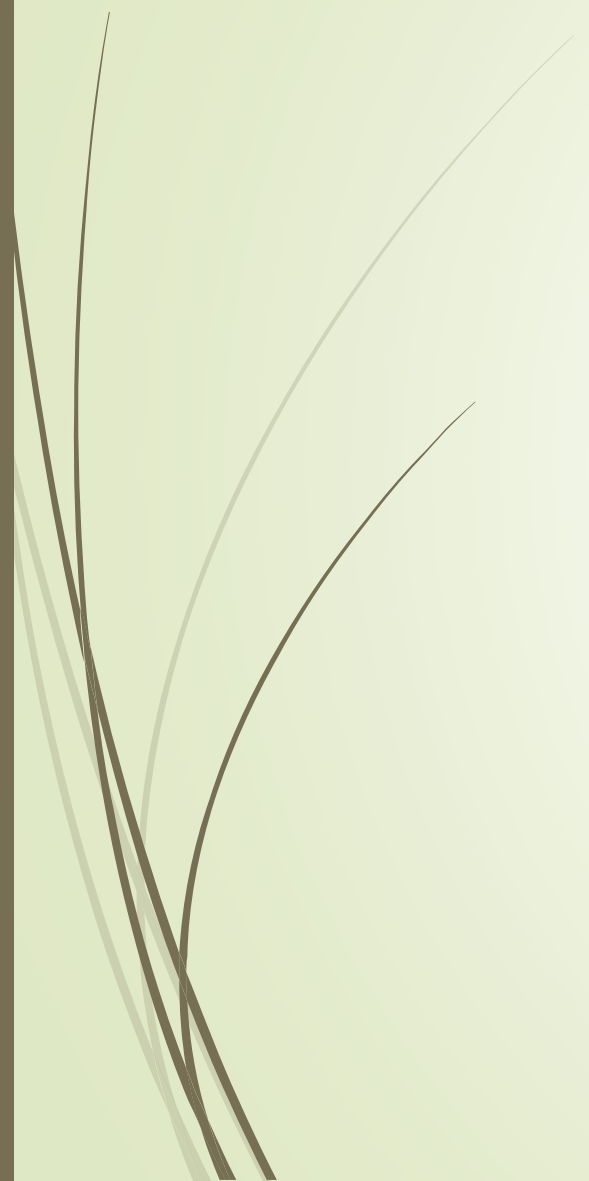


Results from survey

- **129** people accessed the online survey component of the book. (From **20 September 2016** to **10th October 2018**)
- **79%** completed the survey
- Attitudes and knowledge in relation to dementia care pre and post reading the resource.
- All major capital cities (**Melbourne; Sydney; Hobart; Adelaide; Brisbane and Perth**)
- As well as regional centres (**Esperance; Warrnambool; Newcastle**)
- And internationally in **New Zealand**.

Publications

- Vafeas C., Jacobs, E. & White, S. (2016/2020). *Prescription for Life: An interactive resource for YOD*. Retrieved; <https://content.ecu.edu.au/yod/mobile/index.html>
- Vafeas C. & Jacobs, E. (2017). Prescription for Life. *ANMF*. February 24(7). P 41. https://issuu.com/australiannursingfederation/docs/anmj_feb_2017_issuu
- Vafeas C. & Jacobs, E. (2017). Prescription for Life. *Australian Journal of Dementia Care*. Feb/March 6(1). p 10.
- Vafeas, C., Jacob, E., & Jacob, A. (2018). A younger onset dementia toolkit: Innovative practice. *Dementia*, 19(4). <https://doi.org/10.1177/1471301217738402>



Thank you to the Lovell Foundation

